



BURSA İL MİLLÎ EĞİTİM MÜDÜRLÜĞÜ



**İNGİLİZCE**

**5. SINIF**

► **5. ÇALIŞMA FÖYÜ**





|                               |                        |
|-------------------------------|------------------------|
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INFO BOX

should or shouldn't

giving or asking for advice

asking for advice

I have got a sore throat.  
What should I do?

Giving advice

You **should**



see a doctor.  
stay in bed.  
take a medicine.  
have a rest.

You **shouldn't**



go out.  
drink cold water.  
sleep late.

Illnesses



a Stomachache



a broken leg



a fever



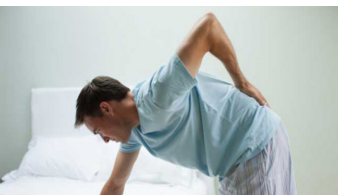
a sore throat



a cough



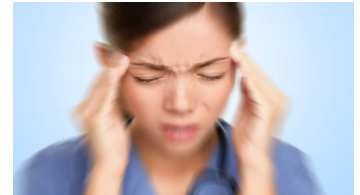
the measles



a backache



a toothache



a headache



ACTIVITY 2

Find the words about health using the pictures. Make a sentence with words you find.

|   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| A | B | C | D | E | F | G | H | I | J  | K  | L  | M  | N  | O  | P  | Q  | R  | S  | T  | U  | V  | W  | X  | Y  | Z  |



- 1) 19 – 15 – 18 – 5 – 20 – 8 – 18 – 15 – 1 – 20 .....
- 2) 13 – 5 – 4 – 9 – 3 – 9 – 14 – 5 .....
- 3) 4 – 15 – 3 – 20 – 15 – 18 .....
- 4) 19 – 20 – 15 – 13 – 1 – 3 – 8 – 1 – 3 – 8 – 5 .....
- 5) 16 – 12 – 1 – 19 – 20 – 5 – 18 .....
- 6) 4 – 5 – 14 – 20 – 9 – 19 – 20 .....
- 7) 20 – 15 – 15 – 20 – 8 – 1 – 3 – 8 – 5.....
- 8) 8 – 15 – 19 – 16 – 9 – 20 – 1 – 12 .....



## ACTIVITY 3

Match the related words in each box and make a meaningful sentence.

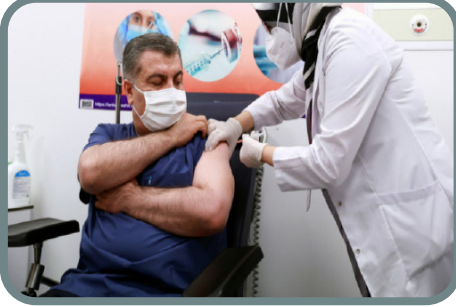
|       |          |          |           |
|-------|----------|----------|-----------|
| Don't | healthy  | fresh    | regularly |
| Stay  | physical | from     | snacks    |
| Eat   | more     | junk     | at night  |
| Get   | away     | sleep    | food      |
| Do    | eat      | activity | germs     |

1. ....
2. ....
3. ....
4. ....
5. ....



## ACTIVITY 4

Choose the best answer for each question. Put a tick.



1) Who is Fahrettin Koca?

|                          |                                  |
|--------------------------|----------------------------------|
| <input type="checkbox"/> | He is the Minister of Health.    |
| <input type="checkbox"/> | He is the Minister of Education. |



2) What should you do if you have a bad cough?

|                          |   |
|--------------------------|---|
| <input type="checkbox"/> | Wear warm clothes and have a rest.          |
| <input type="checkbox"/> | Drink milk with honey and take cough syrup. |



3) If you don't feel well and want to be stronger, what should you take?

|                          |              |
|--------------------------|--------------|
| <input type="checkbox"/> | Painkillers. |
| <input type="checkbox"/> | Vitamins.    |



4) What are the 3 rules for Covid 19?

|                          |                                 |
|--------------------------|---------------------------------|
| <input type="checkbox"/> | Mask, Social Distance, Hygiene. |
| <input type="checkbox"/> | Mask, Medicine, Vaccination.    |



## ACTIVITY 5

## Do the questionnaire and find your health score.

- 1) How often do you exercise?
  - A. Every day
  - B. Never
  - C. 2 or 3 times a week
- 2) Do you drink 1.5-2 litre of water every day?
  - A. Yes
  - B. Never
  - C. Sometimes
- 3) What kind of breakfast do you have?
  - A. I love nutritious and homemade breakfast.
  - B. I do not prefer breakfast.
  - C. I have snacks at the school canteen.
- 4) How often do you eat fruit and vegetables?
  - A. Every day
  - B. Never
  - C. 2 or 3 times a week
- 5) How often do you eat fish or meat?
  - A. Every week
  - B. I am vegetarian.
  - C. Once a month
- 6) What do you think about Covid-19?
  - A. I wear my mask and do all precautions.
  - B. It is not a big deal.
  - C. I am only watching all the news.
- 7) How often do you visit the doctor for check-ups?
  - A. Every six months
  - B. Never
  - C. When I am ill.
- 8) Do you take vitamins?
  - A. Every day
  - B. Never
  - C. 2 or 3 times a week
- 9) How often do you prefer walking?
  - A. I can walk in short distances and take bus in long distances.
  - B. I do not like walking.
  - C. I sometimes walk.
- 10) How long do you sleep every night?
  - A. 8 hours
  - B. I sleep during the day
  - C. Only four hours

**IF YOU HAVE MORE A:**  
You are doing all the right things. You are going to lead a healthy life. Congratulations!

**IF YOU HAVE MORE B:**  
Not bad...Follow the same path but be more careful.  
Try to eat more fruit and swim once a week.

**IF YOU HAVE MORE C:**  
You are not following a healthy lifestyle. You must eat more fruit and vegetables.  
You must exercise more. It's fun to be fit.

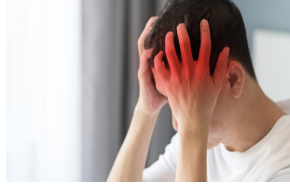


## ACTIVITY 6

Find the names of the illnesses and give advice with SHOULD / SHOULDN'T.

e.g. A: I have a smallpox. What should I do?

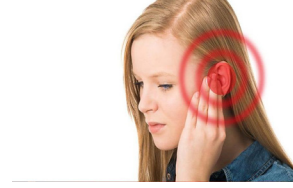
B: You should stay in bed and rest.



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_



12. \_\_\_\_\_

## ACTIVITY 7

Mr. Kesici goes to a doctor because he doesn't feel well. Then, he goes back home and explains what happens at the hospital. Put the sentences into the correct order.



|   |   |
|---|---|
| 1 | <b>Doctor:</b> You should have a test and then you should stay in bed for 14 days. You should not leave home and have contacts. You should take your medicine regularly. Do you need anything else? |
| 2 | <b>Mr. Kesici:</b> I feel tired and hot. I also have a problem with breathing. I think I have the Covid-19.   |
| 3 | <b>Doctor:</b> You should wear your mask, wash your hands and keep your social distance with your family. OK. Get well soon Mr. Kesici.   |
| 4 | <b>Mr. Kesici:</b> Yes, doctor. They really hurt.   |
| 5 | <b>Doctor:</b> Do you have a pain in your muscles?  |
| 6 | <b>Mr. Kesici:</b> I need vitamin C.  |
| 7 | <b>Doctor:</b> Welcome Mr. Kesici. What's the matter with you?  |
| 8 | <b>Mr. Kesici:</b> Thank you, doctor.   |

Correct Order:

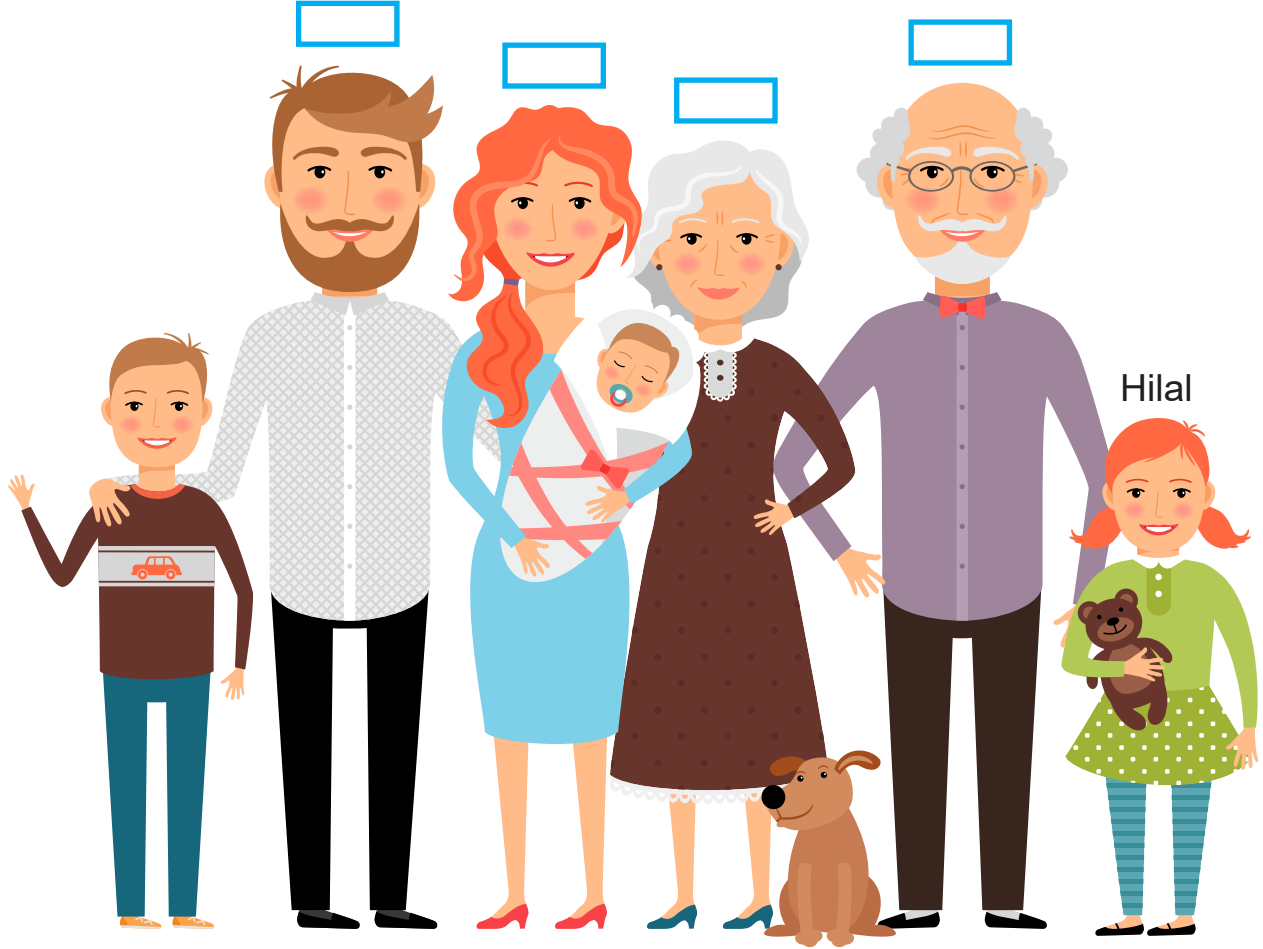
|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|



## ACTIVITY 8

Read the text and write the names of the group according to the vaccination calendar.

This is a vaccination.



Hello! I am Hilal. I am 12 years old. My brother Hasan is 8. This is my family. These days we are at home because we should be careful about Covid- 19. Our schools are closed and we have online EBA lessons with our friends and teachers. My mother is a nurse, and she works in the Bursa City Hospital. My father is a doctor and he works as an emergency doctor in an elderly home. In the photo you can see my grandmother and grandfather. My grandmother is 65 and my grandfather is 79 years old. The Minister of Health of the Republic of Turkey, Dr Fahrettin Koca says we should have vaccination. I am nervous but it helps us fight with Covid- 19. Here is the calendar, please find the vaccination group and write them into the picture.



## VACCINATION GROUPS

## GROUPS

## CATEGORY



**A.** Healthcare workers, university students studying medicine and dentistry, pharmacy workers and chemistry technicians

A

**B.** Elderly home workers, protection shelter workers, disabled centers workers

B

**C.** People older than 65

C1

90 and over

C2

Between 85-89

C3

Between 80- 84

C4

Between 75-79

C5

Between 70-74

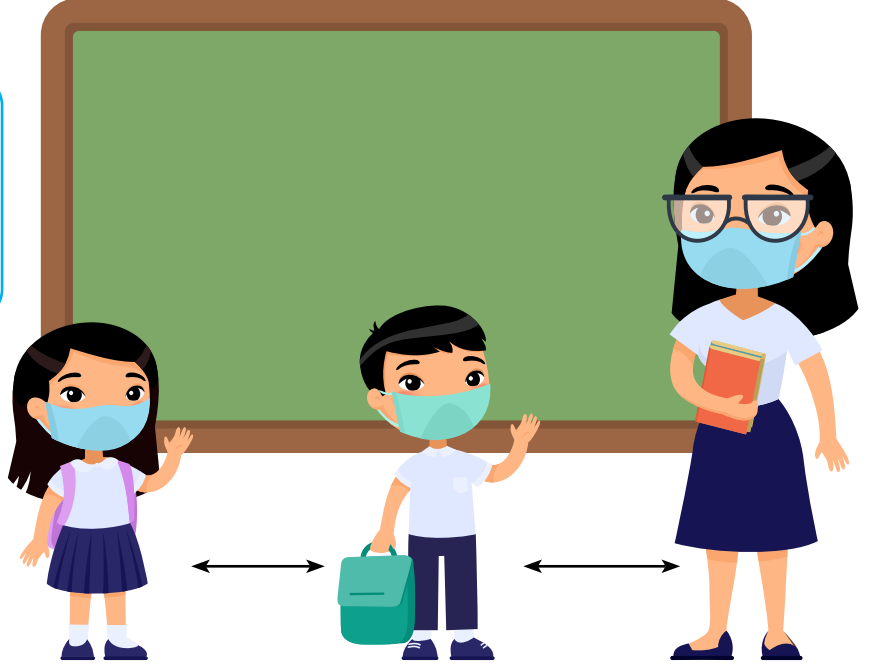
C6

Between 65-69

ACTIVITY 9

Read the text, look at the pictures and make sentences with SHOULD / SHOULD NOT.

After online EBA lessons, we are at the school. Our teacher says we should protect ourselves from Covid-19. Here are the tips.



- 1) .....
- 2) .....
- 3) .....
- 4) .....

## ACTIVITY 10

Circle the odd one.

|               |                      |               |              |                        |
|---------------|----------------------|---------------|--------------|------------------------|
| 1) runny nose | painkiller           | fever         | flu          | cold                   |
| 2) nuts       | vegetable            | fruit         | whole grain  | candy                  |
| 3) dentist    | doctor               | nurse         | chemist      | midwife                |
| 4) wear mask  | keep social distance | wash hands    | stay at home | go to birthday parties |
| 5) do sports  | brush teeth          | take vitamins | sleep early  | put a plaster          |

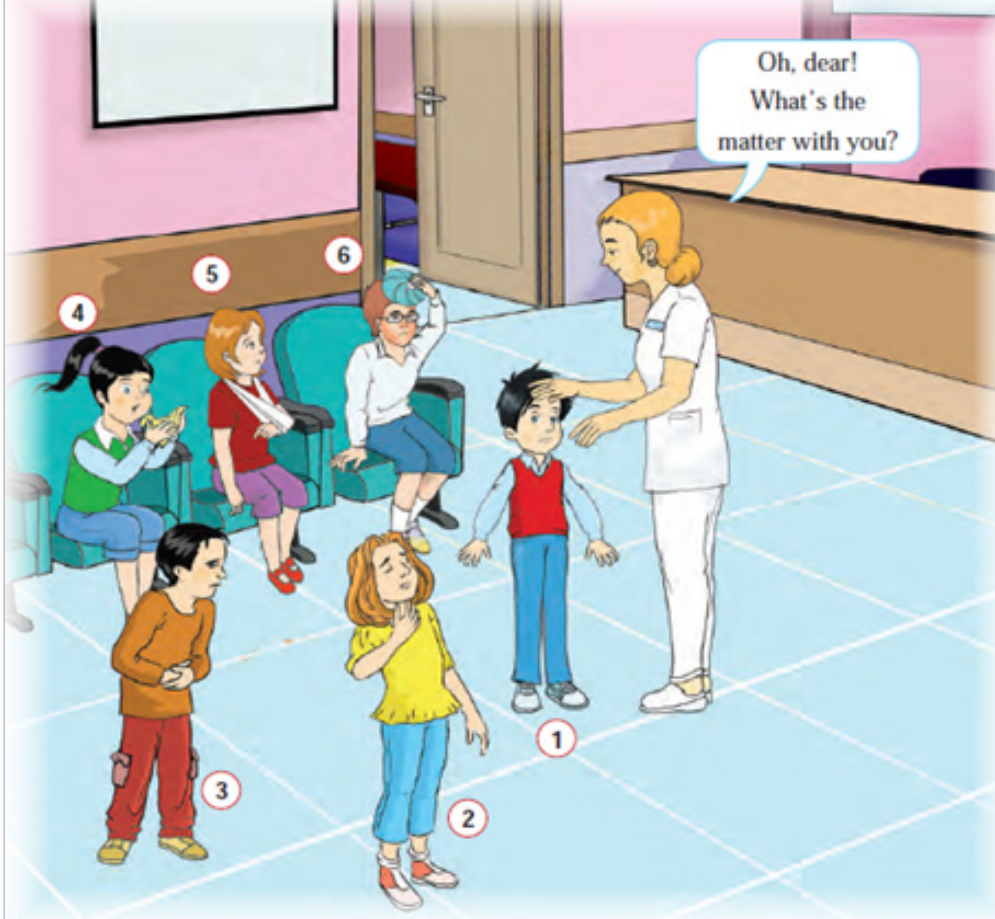
## ACTIVITY 11

Use the odd words in Act 10 and fill in the blanks with them.  
Be careful just use "odd ones".

1. If you cut your finger, ..... on it.
2. You should learn how to use this medicine from a ..... before you use it.
3. .... is a very strong medicine.
4. You should not eat too much ..... You can have a toothache.
5. During these days, you should not be in crowded places. I mean you should not .....

## ACTIVITY 12

Look at the picture and match the illnesses with the kids.



- 1) What is the matter with number 1?  
.....
- 2) What is the matter with number 2?  
.....
- 3) What is the matter with number 3?  
.....
- 4) What is the matter with number 4?  
.....
- 5) What is the matter with number 5?  
.....
- 6) What is the matter with number 6?  
.....



## TEST PART

1. Mark is at the hospital now because he feels tired and cold. Also, he has a cough and runny nose. The doctor gives him some advice.

- You shouldn't go to the school.
- .....
- .....
- .....
- You should drink mint and lemon tea.

Which of the following can NOT be the doctor's advice?

- A) You should take your pills.
- B) You should eat fruit and vegetables.
- C) You shouldn't drink cold drinks.
- D) You shouldn't stay and rest at home.

2. Mr. ÖZTÜRK is a doctor at a hospital in Bursa. He talks about the Corona Virus.



You should be very careful about Corona Virus. You shouldn't spend too much time outside. You should wash your hands very often. You should take vitamin C and eat fresh vegetables. You should sleep eight hours a day.

Which of the following picture is NOT about Dr. ÖZTÜRK's speech?



3. Eylül doesn't feel well today, and she talks to her mum.

Mum:

What's the matter with you Eylül?

Eylül:

I don't feel well. I have a high fever and I sneeze. I can't join my online courses today.

Mum:

Well... I think you have ..... Let me prepare mint and lemon tea for you.

Eylül:

Oh! Thanks mum.

Which of the following can be Eylül's illness?

- A) flu      B) the measles      C) a broken leg      D) a backache

## ACTIVITY PART ANSWER KEY

## ACT 1

1. Backache, stomach ache, stomachache, flu, fever, measles and broken leg
2. Exercise and vitamins
3. Fresh fruit and vegetables, water, lemon and mint tea
4. Doctors and nurses
5. We should drink lemon and mint tea, take medicine.

## ACT 2

1. Sore throat
2. Medicine
3. Doctor
4. Stomach ache
5. Plaster
6. Dentist
7. Toothache
8. Hospital

## ACT 2

STAY AWAY FROM GERMS  
 DON'T EAT JUNK FOOD  
 EAT HEALTHY FRESH SNACKS  
 GET MORE SLEEP AT NIGHT  
 DO PHYSICAL ACTIVITY  
 REGULARLY

## ACT 4

- 1) 

|  |                                  |
|--|----------------------------------|
|  | He is the Minister of Health.    |
|  | He is the Minister of Education. |
- 2) 

|  |   |
|--|---|
|  | Wear warm clothes and have a rest.          |
|  | Drink milk with honey and take cough syrup. |
- 3) 

|  |              |
|--|--------------|
|  | Painkillers. |
|  | Vitamins.    |
- 4) 

|  |                                 |
|--|---------------------------------|
|  | Mask, Social Distance, Hygiene. |
|  | Mask, Medicine, Vaccination.    |

**ACT 5**

STUDENTS' OWN ANSWERS

**ACT 6**

1. A headache
2. Fever
3. An earache
4. An eye disorder
5. Acne
6. Stomach ache
7. A toothache
8. A backache
9. A broken leg
10. The flu
11. A cough
12. A heart attack

STUDENTS' OWN ANSWERS WITH SHOULD / SHOULDN'T.

**ACT 7**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 7 | 2 | 5 | 4 | 1 | 6 | 3 | 8 |
|---|---|---|---|---|---|---|---|

**ACT 8**

Mother is in group A. Father is in group A or  
B. Grandmother is in group C6. Grandfather is  
group C4.

**ACT 9**

1. We should keep the social distance when we play.
2. We should not shake hands.
3. We should wash our hands.
4. We should wear mask.

**ACT 10**

1. Painkiller
2. Candy
3. Chemist
4. Go to birthday parties
5. Put a plaster

**ACT 11**

1. Put a plaster
2. Chemist
3. Painkiller
4. Candy
5. Go to birthday parties

**ACT 12**

1. Fever
2. Sore throat
3. Stomach ache
4. Flu
5. Broken arm
6. Headache

**TEST PART ANSWER KEY****Answer Key**

1. D
2. C
3. A